



My SKILLSfuture

User Guide on 'Know Yourself'
(Secondary)

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1 KNOW YOURSELF

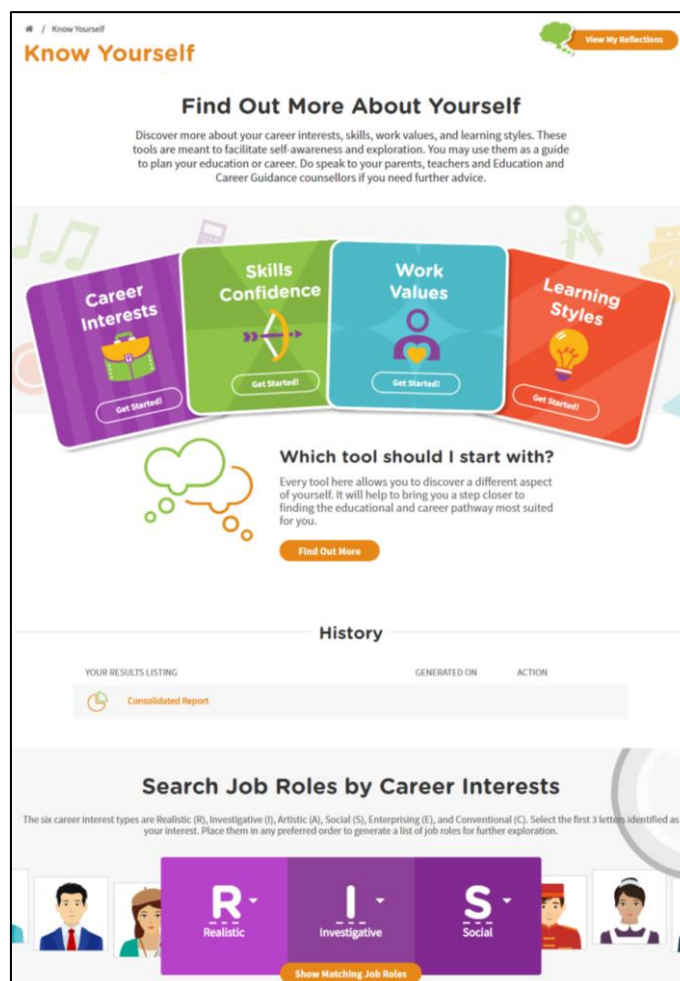


Figure 1-1: Know Yourself (After Login)

The **Know Yourself** section helps you discover more about your **Career Interests**, **Skills Confidence**, **Work Values** and **Learning Styles** through these 4 tools:

- Career Interests – Find your Holland Personality type related to career interests
- Skills Confidence – Find your Holland Personality type related to your confidence in skills
- Work Values – Find your work values and the types of work you will find satisfying and rewarding
- Learning Styles – Find out your learning styles based on a rank-ordered profile of the styles