



My SKILLSfuture

User Guide on 'Know Yourself' (Secondary)

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5 LEARNING STYLES

<p>1.</p>	<p>Click on Get Started, under Learning Styles.</p>	
<p>2.</p>	<p>The Learning Styles tool consists of 10 sets of Questions with nine sets having 6 statements each and the tenth set with 9 statements.</p> <p>Indicate your preference of Strongly Disagree to Strongly Agree via two ways:</p> <ul style="list-style-type: none"> • Classic – Click on the scale • Drag and Drop – Click and drag the icon 	

3. Click **Next** to lead you to the next statement. Click **Previous** to go back to the previous question.

I have teachers who are very inspiring to me.

Strongly Disagree Disagree Undecided Agree Strongly Agree

[Previous](#) | [Next](#)

Getting Started

I remember information that is explained to me better than the information I read.

Strongly Disagree Disagree Undecided Agree Strongly Agree

[Previous](#) | [Next](#)

I prefer assignments that give me very specific steps to complete.

Strongly Disagree Disagree Undecided Agree Strongly Agree

[Previous](#) | [Next](#)

Questions

- Set 1
- Set 2
- Set 3
- Set 4
- Set 5
- Set 6
- Set 7
- Set 8
- Set 9
- Set 10
- Set 11
- Set 12

4. Once you have completed the questions, the **Learning Style** results will be displayed.

Select the “**Preferences Most Important to You**” tab and click on a preference to view the details.

Example: Click on the corresponding “√” symbol for “**Not Teacher Motivated**” preference.

The additional details are displayed.

/ Know Yourself > Results

Results



Preferences Most Important to You

Other Preferences

You have a strong preference for these learning styles. Focusing on these could have the most impact on your learning experiences.



Not Teacher Motivated

You are sometimes not motivated by your teachers. You do not learn in order to please your teachers nor do you rely on the feedback you receive from them. You may even avoid interaction with your teachers, if possible, or feel like your work suffers when a teacher is nearby.

Not Teacher Motivated

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Some students like to learn because it pleases their teachers. They'll complete tasks because their teacher asks them to. It's important that their teacher give them positive feedback and praise them when they do well. These students also tend to work better and learn more when their teacher is nearby.

Other students do not learn in order to please their teacher. Feedback from the teacher is not as important. These students may be more concerned with just their grades or on some other goal related to their learning. In fact, they usually function better with less interaction from their teachers. These students may be confident and engaged in their learning and not feel the need for feedback. Or, they may feel anxious and fear being criticised.

- While you may not rely on them for motivation, your teachers are an important source of information you should respect.
- Teachers are primary sources of information for what is required, AND they are subject matter experts that can fill in any information gaps in your textbook or other resources.
- Not only are teachers subject matter experts, they can often help you with a variety of learning strategies when you may be struggling with a particular topic.
- Contrary to what some students think, most teachers enjoy being asked questions. Asking questions shows you are interested in learning more and care about what you are learning.



No Auditory

You have a moderate preference for no auditory learning - you prefer not to learn by listening. You sometimes find it more difficult to understand information that you hear. If someone tells you how to do something, you may not remember more than one or two directions. Your mind may wander often when listening to lectures or discussions.

No Auditory

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Dim Light

You have a moderate preference to learn in a dimly lit area. Direct sunlight and other bright light may be uncomfortable for your eyes and distract from your ability to concentrate. If it's too bright, you'll be distracted and less productive.

Dim Light

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No Kinaesthetic

You may have some difficulty with kinaesthetic learning. In some cases, movement-based learning is less effective for you.

No Kinaesthetic

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Late Day

You have a moderate preference for learning later in the day. You are alert and do your best work after midday. It may take you a long time to wake up in the morning.

Late Day

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History

LEGEND ● Low: 1-28 ● Medium: 29-63 ● High: 64-100

5. To view your other preferences, select the “Other Preferences” tab and click on a preference to view the details.
Example: Click on the corresponding “v” symbol for “Open Learning” preference.

Preferences Most Important to You
Other Preferences

These are areas where you show no strong preference.

Mobility
You have a moderate preference for moving around while learning.

Mobility

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v

Open Learning
You have a moderate preference for open-ended learning. You like to work out the details for lessons and assignments yourself and not be restricted by specific guidelines. You probably like to take an exploratory approach to learning; you prefer to learn about topics as they come up rather than stick to one topic identified in the lesson. You like to choose your own methods and organise projects yourself. That kind of independence is good, but take care not to overlook any details your teachers require.

Open Learning

55

v

Some students prefer highly *structured* learning: step-by-step instructions for how to complete tasks, details of what resources to use, and specific guidelines for what their work should look like.

Other students prefer learning to *open-ended*: have choices about what steps to take, what resources to use, what sequence to learn things, and what their work should look like.

- Even though you prefer less structure and enjoy the freedom to be creative, be sure to follow the guidelines for assignments.
- Understand that sometimes things must be done according to detailed instructions – such as preparing tax returns, managing personal finances, completing certain employment tasks, complying with airline security, and so on.
- If you would like to do an assignment differently, talk to your teacher. There may be room for some flexibility as long as you cover the main objectives of the assignment.

No Tactile
You have a moderate preference for little or no tactile learning. Hands-on activities and touching or feeling objects are less effective ways for you to learn.

No Tactile

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v

Casual Setting
You have a moderate preference for a casual setting while learning. When you study or learn, you like to recline on a comfortable chair or sofa, or even on the floor. You may even like to study while lying in bed. This helps you to concentrate and achieve better results.

Casual Setting

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v

Quiet
You moderately prefer a quiet environment for learning. You sometimes find it distracting if there's noise in the background or people walking around. Your concentration is best when you're by yourself or in a very quiet, private place.

Quiet

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v

Self Motivated
You are a mostly self-motivated learner. You usually like what you do

Self Motivated

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v